### REFERRAL TO RELATE CROSS PENNINE

| Your name |  |
| --- | --- |
| Your address |  |
| Your phone no. |  |
| GP surgery |  |
| Date of referral |  |

**Type of intervention required:**

| Young people’s counselling |  |
| --- | --- |
| IAPT Couple Therapy For Depression |  |
| 1:1 Relationship counselling |  |
| Couple counselling |  |
| Family counselling |  |
| Psychosexual Therapy |  |

If you have ticked the IAPT Couple Therapy for Depression service and you have completed a PHQ-9 questionnaire with either one or both of the patients please put their PHQ-9 scores in the boxes below. If you do not have the scores the patients can still be referred to the service.

| Patient 1 score |  | Patient 2 score |  |
| --- | --- | --- | --- |

**Details of the patient(s) you are referring**

|  | Patient 1 | Partner (if appropriate) |
| --- | --- | --- |
| Name |  |  |
| Date of birth |  |  |
| NHS number |  |  |
| Gender |  |  |
| Address |  |  |
| Telephone no. |  |  |

**Details of parents/carers if the patient is a young person under 16**

|  | Parent/Carer 1 | Parent/Carer 2 |
| --- | --- | --- |
| Name |  |  |
| Date of birth |  |  |
| Gender |  |  |
| Address |  |  |
| Telephone no. |  |  |

**Does the client/s have any special needs or disabilities?**

|  |
| --- |

**Instructions/Restrictions re patient contact (please indicate yes or no)**

|  | Yes | No |
| --- | --- | --- |
| Is it OK to say relate is calling on landline or mobile? |  |  |
| Is it OK to send patient texts? |  |  |
| Is it OK to leave messages on answer phone? |  |  |
| Can we write to the patient at their home address? |  |  |
| Is partner aware of the referral? |  |  |
| If patient is under 16 are parents aware of the referral? |  |  |

**Reasons for referral**

Please give details of the reason for your referral including any information that might be useful to us such as: medication the patient(s) is/are taking that may be impacting their relationship, other support agencies that are involved, details of any domestic abuse that has taken place or any child protection issues.

|  |
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**The cost of relate interventions**

IAPT couple therapy for depression is fully funded by Bradford Districts CCG and is therefore available free to adult clients.

Young people’s counselling is funded by Bradford Healthy Minds and is free for individual young people up to the age of 24

Adults residing in the three Bradford CCG areas are entitled to free relate core services provided they come to us via a formal written referral from a GP or other appropriate NHS professional.

